



"It is in the giving that we receive." It is so true! In our Yoga in the Bungalow class, we have been collecting donations to provide teenagers in foster care in San Mateo County with Target gift cards. In the process what I discovered is a tornado of joyous generosity! Yoga community members felt good about donating. I felt good about collecting their donations for a total of \$825! The Redwood City Woman's Club matched our donations as well as the donations from their members so that on Monday, we will deliver almost \$7000 in gift cards to the Children's Fund for distribution. You can imagine everyone along the way feels the joy of giving and finally the teenagers feel the joy of gratitude and knowing that people care about them. As my colleague and I

purchased thousands of dollars worth of Target gift cards, the employees at the checkout stand naturally asked us, "What are these for?" On learning that these were to benefit foster teens, one broke into tears of gratitude. She had been a foster teen and had been the recipient of these cards in years past. So, while it may look like just a pile of gift cards, it is really a pile of JOY! I am inspired to give generously to all of the organizations I support. I hope you are too.