

Dad's Luncheonette Mushroom Sandwich

Ingredients for 2 sandwiches

Pickled red onion. Use your own or Dad's special recipe:

1 garlic clove

1 bay leaf

11/2 tsp. black peppercorns

3/4 tsp. crushed red pepper flakes

1/2 cup white balsamic vinegar or white wine vinegar

½ cup sugar

1 medium red onion, thinly sliced

Garlic mayo, other good sandwich sauce, or Dad's special sauce:

1 large egg yolk*

2 Tbsp. spicy brown mustard

1 Tbsp. Worcestershire sauce

1½ tsp. apple cider vinegar

1½ tsp. honey

1 tsp. Diamond Crystal or ½ tsp. Morton kosher salt, plus more

1 tsp. freshly ground black pepper, plus more

1/4 cup vegetable oil

2-4 TBSP ghee or butter

Good bread

½ lb maitake mushrooms (aka Hen of the Woods mushrooms)

4 oz white cheddar - sliced

Kosher salt

2 eggs

Spinach or lettuce

Instructions

1. Pickled onion

- a. Cook garlic, bay leaf, peppercorns, and red pepper flakes in a dry small saucepan over medium-high heat, stirring often, until garlic is browned in spots and spices are lightly toasted and fragrant, about 2 minutes. Add vinegar and sugar and bring to a boil. Cook, stirring, until sugar is dissolved, about 1 minute. Remove from heat and let sit 10 minutes.
- b. Place red onion in an airtight container; strain pickling liquid over. Cover and chill at least 1 hour.

2. Dad's special sauce

- a. Whisk together egg yolk, mustard, Worcestershire sauce, vinegar, honey, 1 tsp. Diamond Crystal or ½ tsp. Morton kosher salt, and 1 tsp. pepper in a medium bowl. Slowly stream in oil, whisking until sauce is emulsified and lightened in color. (Alternatively, you can process in a food processor.) Set aside.
- Heat 1-2 TBSP ghee in large skillet over medium high heat. Toast the bread on just one side until golden brown. Remove from heat to wire rack.
- 4. Season mushrooms with salt and pepper, add to same pan, then add 1 1/2 TBSP ghee or butter and ½ tsp kosher salt. When ghee melts, baste the mushroom with it for 2-3 minutes per side. Top with the cheese slices, cover and remove from heat to melt cheese.
- 5. In a separate pan, fry the eggs in butter until egg is just set, then flip the egg and turn off the heat.
- 6. Spread the sauce on untoasted side of sandwich and add spinach, pickled onions, mushrooms & cheese and egg. Close it up preferably in some parchment paper and cut in half. Enjoy!

The story behind this recipe. Dad's Luncheonette is in Half Moon Bay and offers a Mushroom Sandwich. It is a surprising combination of ingredients that comes together deliciously. It is far from healthy!