

Black Bean & Corn Salad

Ingredients:

- 1 15oz can black beans - drained and rinsed
 - 2 ears corn on the cob - cut the corn off the cob
 - 3 garlic cloves - minced
 - 1/3 cup red onion - minced
 - 1 medium tomato - finely chopped (or substitute red bell pepper)
 - 1 tsp salt
 - 1/2 cup fresh lime juice (3-4 limes)
 - 1/4 cup olive oil
 - 1/2 tsp cumin
 - 1/2 cup cilantro - minced
 - 1/2 tsp crushed red pepper (to taste)
 - 1/8 tsp black pepper
- 1 medium avocado - chopped (optional)

Instructions:

1. Combine everything thoroughly except avocado in a large bowl.
2. Gently fold in the avocado

The story behind this recipe. We have been simplifying and tinkering with this recipe for 15 years. It is adapted from Mollie Katzen's Still Life with Menu Cookbook which is far more complicated. It is a great side dish to chilaquiles or carnitas or potluck crowd pleaser.